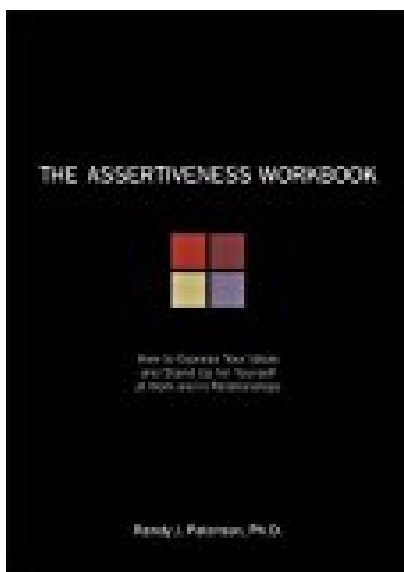


# The Assertiveness Workbook How to Express Your Ideas and Stand Up for Yourself at Work and in Relationships

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## BOOK DETAILS

- Author : Randy J. Paterson
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- Publisher : New Harbinger Publications
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## BOOK SYNOPSIS

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