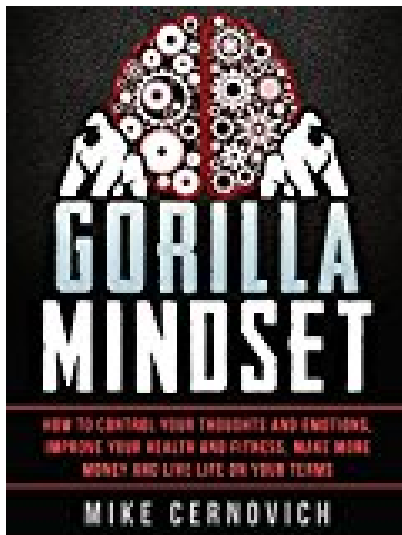


Gorilla Mindset How to Control Your Thoughts and Emotions and Live Life on Your Terms



BOOK DETAILS

- Author : Mike Cernovich
- Pages : 178 Pages
- Publisher : Media
- Language : English
- ISBN :

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BOOK SYNOPSIS

"Gorilla Mindset is not a self-help book. Its a how-to book. In Gorilla Mindset you will learn how to control your thoughts and emotions to live a life others envy. Although written for men, Gorilla Mindset has also been read by women who appreciate a direct approach to getting more out of life. Gorilla Mindset is an entire system that, when coupled with specific mindset shifts and habits, will change the way you think, feel and live your life. Applying Gorilla Mindset to your life (make no mistake, this is a book you must apply) will improve your health and fitness, lead to more money and career advancement, and help you have deeper, more meaningful relationships (or more casual ones; its your choice). Your thinking will become clear. You will have more focus. You will know exactly what steps to take to change your life. Join countless others who changed with lives with Gorilla Mindset"--

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