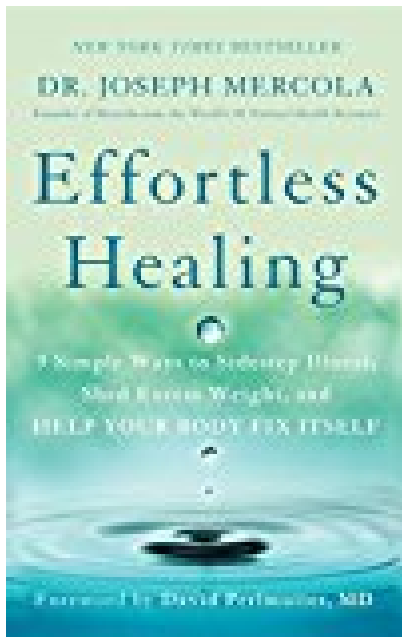


# Effortless Healing 9 Simple Ways to Sidestep Illness Shed Excess Weight and Help Your Body Fix Itself

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## BOOK DETAILS

- Author : Dr. Joseph Mercola
- Pages : 336 Pages
- Publisher : Harmony
- Language : English
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## **BOOK SYNOPSIS**

Outlines nine keys to maximizing health, preventing disease, and protecting the body from the consequences of modern lifestyles.

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